

MONTAUK PUBLIC SCHOOL ATHLETICS

ATHLETE EXPECTATIONS

I. Practices

- Practices are on Mondays - Fridays from 3:00 – 5:00.
- Any changes to the practice schedule due to weather/conflicts will be communicated in school.

II. Contests

- Contest (game) schedules are posted on the school website and communicated by coaches.
- Announcements will be made in school alerting students of any changes due to weather/conflicts.

III. Buses

- A 5:00 bus is available for student athletes to take home from the Montauk School after practices.
- Student athletes must be picked up at the Montauk School after all home and away contests.

IV. Equipment and Responsibilities

- All equipment given and used is the responsibility of the student athlete. Any lost uniform or school issued equipment will be charged to the student athlete.
- Appropriate clothing and equipment must be worn at all times, including sneakers and/or cleats.
- It is advised that student athletes bring water to every practice and contest.

V. Locker Room

- All belongings must be kept locked in personal lockers in the locker room.

VI. Missing Practices and Contests

- On the day of a detention, the student athlete may not attend practice and must go home at 4:00.
- In the event of a detention on a contest day, the student athlete may not attend the contest and must go home at 4:00.
- In the event of a detention or an unexcused absence the day before a contest, the student athlete may participate, with loss of playing time as determined by the coach.
- With coaches permission, student athletes may attend an after school activity and then practice.
- For every two practices missed due to vacation or illness, one day of reconditioning is necessary before participating in a contest.
- Student athletes must be in school by 12:00 in order to be eligible to participate in a contest that day.

VII. Injury

- All injuries must be communicated to the coach.
- If reconditioning after an injury is necessary, a minimum of two days practice is required before participating in a contest.
- If a doctor's note prohibits a student athlete from participating in Physical Education class, the student athlete may watch practice but may not participate until doctor's clearance.

VIII. Behavior and Academics

- It is expected that all Montauk School student athletes act appropriately during team, school, and outside events. The coach reserves the right to send a student athlete home from a practice or a game due to inappropriate behavior. Return to the team will depend on an understanding that this type of behavior will not be tolerated.
- In the discretion of a teacher, a student athlete that is not putting forth an effort in class will be excused from practice to attend afternoon extra-help.

We have read and understand the above information.

Student Signature: _____ **Parent Signature:** _____ **Date:** _____